

What if I Miss an Oral Contraceptive Pill?

If you forget to take an oral contraceptive pill, take it as soon as you remember. If you forget for the entire day then catch up by taking the missed pill and then the correct day's pill 12 hours later. If you forget to take pills for two days then take a pill three times a day until you have caught up. If you forget more than two days of pills then call the office for instructions. Also, remember if you forget pills for a day or more use back up contraception and you may have abnormal bleeding that cycle. For more information, use the following link.

<http://www.mayoclinic.com/health/birth-control-pill/WO00098>