

UTI Symptoms/Prevention

Urinary tract infections are more common in women than men. Most patients will present with a bladder infection only but this places them at risk of developing a kidney infection which can have serious complications. Common symptoms of a bladder infection are frequent urination, painful urination, blood in the urine, and urgent urination. Patients with some or all of these symptoms should contact the office during office hours for a urinalysis. Fever is not a typical symptom of a bladder infection but may indicate the presence of a kidney infection. Patients with these symptoms fever and back pain should call the office.

Bladder infections may be prevented by drinking cranberry juice, wiping from front to back, drinking water regularly, and voiding after intercourse.

For more information

<http://www.mayoclinic.com/health/urinary-tract-infection/DS00286>