

80 **CRACKED/SORE NIPPLES**

Usually due to improper positioning and latch-on or traumatic removal from the breast. If the cracked nipple becomes inflamed you may have a breast infection known as mastitis. See **BREAST INFECTION**.

**Call Oklahoma Breastfeeding Hotline 24hr/7days at 1-877-271-6455**

SJMC Lactation Nurses 918-744-2681 8 am to 5 pm Mon - Fri