

### **HAND, FOOT AND MOUTH DISEASE**

HFMD is caused by viruses that belong to the enterovirus group. The most common cause of HFMD is coxsackievirus A16 in infants and young children. There is no preventive vaccine. Prevention is best by thorough, frequent hand washing, not kissing children on the mouth and not sharing food, drinks or utensils. Clean and sanitize items contaminated with secretions from nose, mouth or feces.

**If you believe you have been exposed to HFMD, call the office.**